



NEWTON MEARNS PARISH CHURCH OF SCOTLAND

CROSSTALK



**MAY
2026**



Newton Mearns Parish Church
"Church at the Cross"

Dear Friends,

We have just celebrated Easter, and we are reminded of the great love that was demonstrated through the resurrection of Jesus Christ. This central event of our faith offers a message of new beginnings and the assurance that light always overcomes darkness. As the evenings get lighter and we see our gardens flourish with spring blossoms, we hope that the message of Easter will continue to inspire us to live with renewed purpose and kindness.

Locally we continue to work with our friends at Mearns Kirk in our quest to find the right person to lead the congregations forward. We are especially grateful to our Interim Moderators, Rev Catherine Beattie and Rev David McKee, for their wisdom and unfailing support. We, at NMPC, also appreciate having Rev Ian Galloway as our locum; he continues to lead our weekly worship in a truly meaningful, and challenging, way.

The Church of Scotland is preparing for another General Assembly in the middle of May. Many important decisions will be made at this time, and I am reminded of the words of the Very Rev Dr John Chalmers when he said in 2022: "We have awakened to a very different world which needs a very different approach to ministry, mission, governance, management and accountability". We continue to work towards the implementation of our Presbytery Plan, aware that changes have to be made.

As a church family we seek to build up one another in love, reach out with the Good News of Jesus Christ to the area in which we live, and to contribute to God's work in Scotland and beyond. Let us reach out to those in need, offering support and love, just as Christ showed us.

May God's blessing be upon you and yours

Irene



Sunday 3 rd May	10.30am	Morning Worship when we welcome back Rev Jan Mathieson to lead us in worship
Sunday 10 th May	10.30am	Morning Worship when we welcome back Rev Dr Val Duff to lead us in worship
	2.30pm	Service at Newton House Care Home
Sunday 17 th May	10.30am	Morning Worship when we welcome back our locum minister Rev Ian Galloway to lead us in worship
Sunday 24 th April	10.30am	Morning Worship
Sunday 31 st May	10.30am	Morning Worship
Sunday 7 th June	10.30am	Morning Worship
Wednesdays	10.30am	20's Plenty short midweek worship, meeting weekly in the Boyd Scott Room, one of our upstairs halls.

Sunday Morning Worship is live streamed on the church Facebook page.

In the event of any pastoral need please contact

The church office on 0141 639 7373

If you would prefer to receive Crosstalk by e-mail, please contact

assistant@churchatthecross.org.uk www.newtonmearnsparish.org.uk

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This month at NMPC

Saturday 2nd May

Coffee Morning, 10am in the Old Hall in aid of Tearfund. As always donations of baking for the tearoom and baking stall would be very much appreciated.

Wednesday 6th May

Kirk Session, 7pm meeting in the Boyd Scott Room.

Monday 18th May

Guild Lunch at Dalmeny Park House Hotel.

Wednesday 27th May

Wise Words book group, 2pm, meeting in the Vestry. Book title will be confirmed in the weekly What's On.

Thursday 28th May

Mearns Mile walking group, 10.30am. Meet at the Mackinlay entrance.

Sunday 31st May

Music in The Mearns 3pm when we welcome Cordless Four, an acoustic quartet inspired by the iconic Gerry Mulligan / Chet Baker ensemble. Entry £10, cash only, includes refreshments following the concert.

Events happening around Glasgow

Friday 1st May

The City of Glasgow Wind Orchestra present an evening of light classical music, musicals and more, 7.30pm, Orchardhill Parish Church in aid of Govan Mens Shed. Doors open 7pm. Tickets adults £10, children £5 available at the door.

Saturday 16th May

Strawberry Tea and Plant Sale for Christian Aid, 10am - 12noon at Mearns Kirk Halls.

You will be aware that **Mearns Kirk Helping Hands** run several groups throughout the week. Information on all their groups is available on their website www.mkhelpinghands.org.uk

MKHH are looking for volunteer drivers for their Monday and Tuesday groups. If you have a couple of hours to spare, they would be delighted to hear from you. Training and expenses provided.

Please contact Laura Watts on 07926 696 972 or email laura.watts@mkhelpinghands.org.uk

Tuesdays and Thursdays

The Cosy Café. 2 - 4pm Our friends at Newton House continue to extend a welcome to pop in for coffee, cake and conversation.

Newton House, North Greenlaw Way, Newton Mearns G77 6QZ



The Guild

Due to unforeseen circumstances the Guild AGM had to be re-scheduled for Monday 27th April at 2pm in the Murray McKay room and afternoon tea was provided. The allocation of funds was agreed by the members and £1000 was donated to local charities and the guild projects. Many thanks to all who helped raise this excellent amount. The Guild Summer Lunch will be on Monday 18th May at the Dalmeny Park in Barrhead 12/12.30pm. Lyn Knox



Flower Delivery

3rd May Gwen Garner
10th May Helen Colvin
17th May Aileen Brodie
25th May Sheila Christine

Flower Donations

3rd May Susan & Robert Rocke
10th May Colin & Marie Badger
17th May Karen Milligan
25th May Helen Colvin



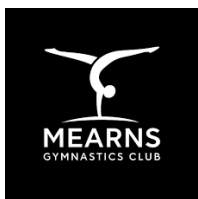
Tea and Coffee Rota

3rd May Eileen Wyper & Carol Love
10th May Susan Rocke & Ann White
17th May Eleanor Dalgleish & Lynne Ross
25th May Adele Stewart & Hilda Reynolds



The Trussell Trust, East Renfrewshire Foodbank

During the 2 hours Barrhead food bank is open every Tuesday and Friday they support an average of 30 customers each day. All children within each household received an 'Easter' egg and latterly adults too as supply was plentiful. You may have noticed that the previous 'Santander' unit in the 'Avenue' is being utilized by Citizen's advice. In conjunction (on a trial basis), there is also a donation point for ER foodbank. If you find it easier, leave any donation there rather than bringing it to Church. Foods/items regularly requested by customers but often in short supply are... cooking oil, flour, tins of meat, tins of food easily heated for a meal, i.e. chicken in a sauce etc. & any cleaning materials plus washing up liquids. Foods not required at present...Pasta, pasta sauces & tins of tuna. Thank you for your continued support. Helen Colvin



Mearns Gymnastics Club

Our Pre-School Gymnastics class at Newton Mearns Parish Church is now well underway. Our Tuesday 4:20–5:00pm class (ages 3–5) supports children to develop coordination, balance and confidence through a mix of structured gymnastics activities, games and movement.

We currently have a small number of spaces available and would be delighted to welcome new families into the class. If you would like to book a trial or find out more, please visit: <https://mearns-gymnastics.classforkids.io/>

For any enquiries, please contact: mearns-gymnastics@hotmail.com



The Richmond Fellowship

The Singing for the Brain group would like to thank all those that attended the Coffee Morning in September to raise funds for our singing group for people in our community living with Dementia.

We are extremely grateful for these funds, which have allowed us to purchase a new sound speaker and some new instruments, both of which have benefitted the group. We have also been able to have in a singer who entertained the group and their families, and we enjoyed a nice light lunch too. Once again, many thanks for all those that attended, we are eternally grateful.

Yvonne, Julie, Tony and all our lovely volunteers.

Glasgow Soundbath at Newton Mearns Parish Church

Glasgow Soundbath offers a calm, restorative space to slow down and reconnect, using live acoustic sound as a form of deep rest. Each session invites participants to lie down, get comfortable, and simply listen as a range of instruments, including gongs, singing bowls, chimes and soft percussion, are played gently and intuitively. Rather than being a performance, a soundbath is an immersive experience designed to support relaxation, nervous system regulation and a sense of inner spaciousness. Many people describe feeling deeply rested afterwards, both physically and mentally, even if they have found traditional meditation difficult in the past. The monthly soundbaths at Newton Mearns Parish Church have become a welcoming pause in busy lives, open to people of all backgrounds and beliefs. No prior experience is needed, just a willingness to rest and listen. Sessions run regularly throughout the year, offering a consistent space for quiet reflection and renewal within the local community. Booking link:

<https://www.eventbrite.com/e/1979678273006?aff=oddtcreator>



Livewire Theatre Co

Discover the magic of theatre at Livewire Theatre Co for children aged 4-16 yrs. Livewire inspires young performers through drama, singing, and dance, offering a fun and supportive environment where creativity and confidence flourish. At our Newton Mearns branch on Mondays, we offer tailored sessions for every age group:

- 4:15pm-5:15pm: 4-8 years Drama & Musical Theatre
 - 5:15pm-6:15pm: Popstar Academy (4-10 years)
 - 6:15pm-7:15pm: 9-12 years Drama & Musical Theatre
- Our holiday camps are a huge hit, catering to all skill levels, from beginners to seasoned performers, everyone is welcome! Help your child build confidence, develop new skills, and shine in a fun, supportive, and creative environment.

Upcoming camps Summer School – Broadway in a Beat: Mon 27th – Fri 31st July 2026, 9am-3pm For more details and to book, visit: www.livewiretheatreco.com

MAY WHAT'S ON

MONDAY	9.30am	LA Physiotherapy Pilates	info@laphysiotherapy.co.uk 0141 258 2424
	10.00am	Mathain Beaga: Pàrant is Pàiste Siorrachd Rinn Friù an Ear – Gaelic Toddler Group	kirsteen@cnaq.org
	10.00am	Dance of Life	Dance-rs@hotmail.com 07815 616 999
	11.00am	ERu3a Keep Moving	groups@eru3a.org
	4.15pm	Livewire Theatre Company	info@livewiretheatreco.com
	6.00pm	1 st Mearns Rainbows	mearnsrainbows1st@hotmail.com 07779645877
	6.30pm	Mudra School of Bharatanatyam,	megalaitm@gmail.com 07462 082 396
	6.00pm	Traditional Taekwondo Assoc.	07709 721097 willpiers@aol.com
	7.15pm	7 th Mearns Brownies	mearnsrainbows1st@hotmail.com 07779645877
	TUESDAY	9.30am	Julie Gray Pilates
10.00am		LA Physiotherapy Pilates	See above
2.00pm		ERu3a Science & Technology 3rd Tuesday each month	groups2@eru3a.org
4.00pm		Mearns Gymnastics Club	mearns-gymnastics@hotmail.com 07736928043
4.45pm		Amy's Amigos (starts 28 th April)	Amy.bruce24@hotmail.co.uk 07712 562754
5.00pm		The Performance Academy 5.00pm Mini performers age 2.5-6 6.00pm Junior performers age 7-12 7.00pm Senior performers 13-18	lisa@theperformanceacademy.co.uk 07813 518016
6.15pm		Jhankar Beats Dance Class	info@jhankarbeats.org.uk 07518801946
7.15pm		Badminton	dmair1982@hotmail.com 07743 861561
WEDNESDAY	10.30am	Move It Or Lose It	urqueannet@aol.com 07425156827
	11.15am	Jo Jingles	jojinglesglasgowsouth@gmail.com 07539022576
	12.30pm	Singing For The Brain	ylaird@trfs.org.uk 07730644503
	2.00pm	Wise Words <i>book group last Wed of the month</i>	office@thechurchatthecross.org.uk 0141 639 7373
	2.00pm	ERu3a Scottish Country Dancing – 2 nd & 4 th week of the month	groups@eru3a.org
	4.00pm	Rosi Art Classes 8-10yrs	rosiartclasses@gmail.com
	4.45pm	McLaughlin School of Irish Dancing	sinead_79@hotmail.com 07779 913815
	5.45pm	United Karate Association U.K.A.	unitedkarateglasgow@gmail.com 07597 210 237
	6.00pm	LA Physiotherapy Pilates	See Monday

WED CONT	5.45pm Traditional Taekwondo Assoc.	07709 72109 willpiers@aol.com
	7.15pm Sanaa Akhtar Pilates	sonouk@live.co.uk 07780718460
THURSDAY	9.15am Yoga with Hilary	hilary.yogaforyou@gmail.com 07824873405
	9.30am Julie Gray Pilates	Physio.fit.julie@gmail.com 07775841588
	11.00am Tai Chi	leehuatan@hotmail.com 07783 35893
	11.00am ERu3a Yoga	groups@eru3a.org
	4.00pm Rosi Art Classes 11-16yrs	rosiartclasses@gmail.com
	6.00pm 2 nd Mearns Brownies	mearnsbrownies2nd@outlook.com 07807671064.
	6.00pm Jane's Pilates	pilatesayrshire@gmail.com 07305270539
	7.00pm Southside Stompers Line Dancing	07957779417
	7.30pm 7 th Mearns Guides and Mearns District Rangers	7thmearnsguides@gmail.com 07814 322632
FRIDAY	7.30pm Yoga with Lizzie – Menopause Yoga	yogawithlizzie@outlook.com 07713839011
	9.30am Carried Away Play	info@carriedawayplay.co.uk
	9.45am Tumble Tots Glasgow 9:45-10:30am -- 6months to confidently walking 10:45-11:30am – walking to 2 years 11:45-12:30pm – 2 – 3 years	glasgow@tumbletots.com 07724 298982
	9.45am Lesley Smith Art Class	Lesley.e.smith@sky.com 07740676558
	4.00pm Rosi Art Classes 8-10yrs	rosiartclasses@gmail.com
	6.00pm 79 th Glasgow Company Boys' Brigade 6.00pm Anchor Boys 6.30pm Junior Section 7.30pm Company Section Bible Class 7.45pm Company Section	bodaduk@googlemail.com 07973502095
SAT	9.00am Rosi Art Classes 9am 11am & 1.30pm	rosiartclasses@gmail.com
	9.30am Soccer Stars	glasgow@soccerstarsacademy.co.uk 07792 561383
	10.00am NMPC Coffee Mornings -1 st Saturday each month	assistant@churchatthecross.org.uk
	10.00am Margaret Gilbride School of Dance 10.00am Preschool 11.00am Preschool 12.00 Primary Foundation (Ballet, Tap, Jazz) age 4-6 1.00pm Primary (Ballet, Tap, Jazz) age 6-8	07837 170657
	12.00pm Mini Medics (First Aid for Kids')	ashleymonaghan@hotmail.com 07985942161
	12.50pm La Jolie Ronde French for children 12.50pm 1.35pm 4-6 Yrs 1.45pm – 2.30pm 5-7 Yrs 2.30pm – 3.15pm 6-8 Yrs 3.15pm– 4.00pm 7-11yrs 4.00pm – 4.45pm 8yrs+(Year 1) 4.45pm- 5.30pm 8yrs+(Year 2)	julie@learnfrenchglasgow.co.uk <u>07762 428875</u>
	3.00pm Sound bath monthly	info@glasgowsoundbath.com